



# SUPREME MASTER T E L E V I S I O N

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Constructive Programming for a Peaceful World

# VEGAN PEACE GREEN COMPASSION CULTURE

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*“I have a dream. I dream that all the world will become peaceful. I dream that all the killing will stop. I dream that all the children will walk in peace and harmony. I dream that all the nations shake hands with each other, protect each other and help each other. I dream that our beautiful planet will not be destroyed. It takes billion, billion, trillions of years to produce this planet and it’s so beautiful, so wonderful. I dream that it will continue, but in peace, beauty and love.”*

~ Supreme Master Ching Hai (Vegan)

World-renowned Humanitarian, Artist, and Spiritual Master

*Supreme Master Television* is a worldwide, non-profit online TV channel, broadcasting 24 hours a day, 7 days a week at [www.SupremeMasterTV.com](http://www.SupremeMasterTV.com). Our station acts as a harmonious bridge of understanding and appreciation of our world’s magnificent cultures, airing to an ever-increasing and loyal international audience. We provide constructive news and thoughtful programs that foster peace and promote healthy, green living. It’s our honor to support and uphold the collective ideal of love and unity for which our planet’s citizens strive. Together, we look forward to ushering in a new era of nobility and goodwill.

Supreme Master Television currently supports more than 25 languages through onscreen subtitles—an unprecedented accomplishment in broadcasting history. Available languages are: Arabic, Aulacese (also known as Vietnamese), Bulgarian, Chinese, Croatian, Czech, English, French, German, Hindi, Hungarian, Indonesian, Italian, Japanese, Korean, Malay, Mongolian, Nepalese, Persian, Polish, Portuguese, Punjabi, Romanian, Russian, Spanish, Telugu, Thai and more to come!



SUBTITLES IN

25+ Languages



WITH  
CORRESPONDENTS IN

200+ International locations



Photo archive: Paris, France (Oct. 25, 2007)

The inspiration behind this unique television channel is Supreme Master Ching Hai, a world-renowned spiritual Master, humanitarian, bestselling author, poet and artist, who is selflessly dedicated to helping create a brighter future for all citizens, countries and co-inhabitants of the Earth.

Supreme Master Ching Hai unconditionally devotes Her time, finances, and energy to remind us of our inner goodness and encourages reverence for all of God's creations. To safeguard our planet and future, She promotes the all-encompassing solution of a vegan lifestyle to address the urgent issue of global warming.

In recognition of Her selfless contributions, government representatives and organizations worldwide have presented Supreme Master Ching Hai with prestigious awards on numerous occasions. Among these are the Gusi Peace Prize (2006), the World Spiritual Leadership Award (1994), and the World Citizen Humanitarian Award (1994).

“Supreme Master Television – I like the sound of that!”

~ James Cameron

“Titanic” & “Avatar” Academy Award-winning director (Vegan)

“I love your compassionate platform!”

~ Clifton Roberts

U.S. Presidential Candidate (Vegan)

OUR INSPIRATION:  
*Supreme Master Ching Hai*

# NOTEWORTHY NEWS



*Noteworthy News* presents constructive news and exalts good deeds, plus brings awareness to important issues around our world. Our Association members, who are all vegans, are the news hosts and come from all walks of life and represent different cultures across the globe. With extensive coverage on the relevant topics of our times, Noteworthy News is at the heart of Supreme Master Television's focus on positive programming for a peaceful world.



Photo archive: Philippines (Nov. 22, 2006)



Tibet earthquake relief (Nov. 2008)

Jerzy Buzek  
President,  
European Union  
Parliament (2009-2012)



(Left)  
Dear Respected Comrade Kim Jong Un  
Supreme Leader of the Democratic  
People's Republic of Korea  
Supreme Commander of the Korean  
People's Army  
Chairman of the Workers' Party of Korea  
Shining World Leadership Award for  
Peace Laureate

(Right)  
His Excellency Moon Jae-in  
President of the Republic  
of Korea



Academy Awards 2010

Actress  
Penelope Cruz

Sir  
Richard Branson



COPENHAGEN  
17:54 pm DEC. 12  
Fly-In News  
COP15 CLIMATE SUMMIT



Celebrating Peace in Korea!

*Supreme Master Television,  
you do an amazing job!  
You are changing hearts and minds  
around the world, you are saving animals,  
you're educating people.  
Supreme Master Television rocks!  
Love you!*

~ Jane Velez Mitchell  
Emmy Award-winning American television journalist (CNN)  
and author; Vegan



# A JOURNEY through AESTHETIC REALMS



Enjoy an award-winning series showcasing the beauty of our planet and the unique artistry and vibrant cultures of its extraordinary inhabitants.



## GOLDEN AGE TECHNOLOGY

Meet scientists, engineers, and inventor who are advancing our civilization with their sustainable, life-affirming discoveries and innovations.



## MODELS OF SUCCESS

Follow the footsteps of exceptional individuals who contributed their remarkable talents to our world, leaving legacies of hope, creativity and humanitarianism.



## UPLIFTING LITERATURE

Delve into the wonders of the literary world through inspiring books and stories for all ages from international authors.

*"Our only purpose in life is to express divinity and then to recognize it everywhere, to bring everything back to self-realization."*

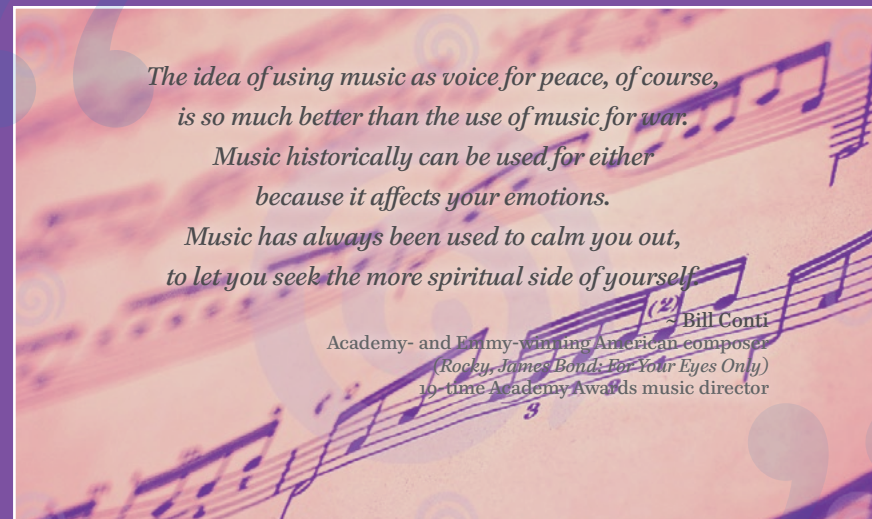
~ Neale Donald Walsch

Bestselling author of the "Conversations with God" series



## CINEMA SCENE

Get a glimpse of international films with wholesome themes and uplifting messages ranging from new releases to timeless classics.



*The idea of using music as voice for peace, of course, is so much better than the use of music for war. Music historically can be used for either because it affects your emotions. Music has always been used to calm you out, to let you seek the more spiritual side of yourself.*

Bill Conti  
Academy- and Emmy-winning American composer  
(Rocky, James Bond, For Your Eyes Only)  
10-time Academy Awards music director

# ANIMAL WORLD: OUR CO-INHABITANTS

## PLANET EARTH: OUR LOVING HOME

Find out the many ways to protect and care for the precious resources of our beautiful planetary home. Each and every one of us can make a difference in preserving our environment and the Earth.

## HEALTHY LIVING

Get current information on holistic and scientific approaches to wellness, fitness and nutrition.

## NATURE'S BEAUTY

Explore some of our planet's most spectacular natural wonders around the globe. Join us on our journeys to pay homage to our rich heritage.

## LIFE OF A SAINT

Learn from the extraordinary lives and universal teachings of Enlightened Masters and spiritual teachers and their selfless dedication to uplift souls and humanity as a whole.

## GOOD PEOPLE, GOOD WORK

Celebrate notable organizations and individuals who dedicate their efforts to better society as we highlight their admirable actions for the greater good.

*“Every single person on this Earth has the power to change the world. And when we all come together, our power becomes irresistible. Now we must use our power to tackle the biggest threat humanity has ever faced.”*

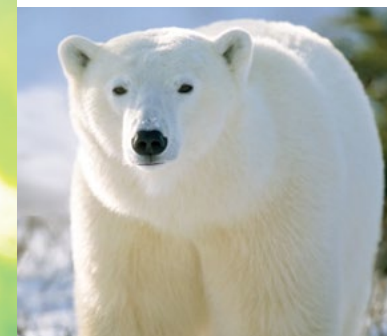
~ Emma Thompson  
British Academy Award-winning actress



Photo archive:  
Florida, USA (2001)

Hear awe-inspiring stories on the intelligence and magnanimous love of animals, often hosted by the animals themselves!

The shows cover diverse topics spanning from animal companion care tips to telepathic animal communicators who reveal profound messages from dogs, cats, and wildlife.



*“A deeper understanding of animal rights can lead us to discover what it means to be genuinely humane, by which I mean not merely kind to members of our species, but caring towards other animals as well, in a compassionate, honest, peaceful, and just world.”*

~ Kim Stallwood  
British animal rights activist, and author; Vegan

Shining World Hero Award recipient Roary the Staffordshire Bull Terrier is recognized for placing himself in harm's way to protect his human family.

*Peace:*  
THE WAY OF THE BLESSED

*Veganism:*  
THE GREENEST WAY TO LIVE

*Forgiveness:*  
THE WAY OF A HERO



## BETWEEN MASTER & DISCIPLES

Take a look into the candid conversations between Supreme Master Ching Hai and Her disciples, on subjects ranging from spirituality to daily life, as well as rare insights into other realms beyond Earth.

*We must open our hearts to all kinds of noble influence, all kinds of noble company; we must take advantage of this chance. If we still believe that to improve our purity, to improve our wisdom is the highest purpose of humanity, then we must make effort.*

~ Supreme Master Ching Hai (Vegan)  
World-renowned Humanitarian, Artist,  
and Spiritual Master



## CULTURAL TRACES AROUND THE WORLD

Honoring the beautiful indigenous cultures that have graced our planet in the past and present, featuring festive dances, traditional music and an abundance of colorful clothing, artwork, plus timeless spirituality reminding us of our original nature and harmonious relationship with the universe.

*May governments join hands together to ease suffering and elevate humanity to a new era based in mutual respect and dignity. May we celebrate together a climate change solution that lays the foundation for true love to flourish on the planet and people and animals to live together in harmony!*

*Thank you, Supreme Master Ching Hai, for your love.*

*Thank you, Heaven, for your mercy.*

*Thank you, all beings, seen and unseen.*

~ Elco

Viewer from Athens, Greece



# ENLIGHTENING ENTERTAINMENT



Delight in our enriching topics to nourish the soul, such as cultural shows and performances, operas, international children's shows, interviews with musicians, dancers, artists, and performers and much more.

*“Supreme Master Ching Hai wants to see that we can save our world by love and inspiration through music and art. So Her dreams are all our dreams.”*

~ Debbie Reynolds (1932-2016)  
American Academy Award-winning actress

## SCIENCE & SPIRITUALITY

Explore the intertwining relationship between the visible and invisible and examine advanced philosophies and theories to expand and elevate consciousness. Listen to new perspectives on auras, quantum physics, the power of prayer, string theory, near-death experiences, life on other planets, and more.



Photo archive: Supreme Master Ching Hai presents the Shining World Leadership Award to Slovenian President Dr. Janez Drnovšek (1950-2008) (Vegan)

(May 31, 2007)

## SHINING WORLD AWARDS

Supreme Master Ching Hai has lovingly created a series of awards to recognize some of the most exemplary, generous, caring, and courageous people who walk amongst us and go beyond the call of duty to help others unconditionally.

The awards include:

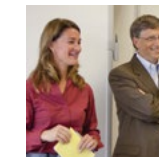
- \*Shining World Leadership Award
- \*Shining World Compassion Award
- \*Shining World Hero and Heroine Awards
- \*Shining World Honesty Award
- \*Shining Environmental Protection Leadership Award
- \*Shining World Intelligence Award
- \*Shining World Inventor Award
- ... and more!



Shining World Compassion Laureate: 7-year-old Vegan Evan



Shining World Leadership Laureate: Dubai Municipality & His Excellency Hussain Nasser Lootah



Shining World Compassion Laureate: Bill & Melinda Gates Foundation



Shining World Compassion Laureate: Dame Dr. Jane Goodall



Shining World Compassion Laureate: Susan Hargreaves, Animal Hero Kids



ONE LOVE  
peace



# VEGANISM: THE NOBLE WAY OF LIVING

Viewers are introduced to such delectable dishes as Mushroom Stroganoff with Pappardelle Pasta, Japanese Vegan Oden, an array of raw food treats and much, much more as enthusiastic chefs demonstrate how they prepare sumptuous and nutritious, plant-based international cuisine. We also get to travel the world, visiting vegan festivals and fun-filled travel destinations. And get the latest in the growing trends in compassionate, cruelty-free lifestyles—including cosmetics, fashion, and exciting new food products!



Photo archive: Yang Ming Mountain, Taiwan (Formosa) (1992)

## VEG FACTS

\*According to Worldwatch Institute

The livestock production life cycle and supply chain causes at least 51% of global greenhouse gases.

It takes 100,000 liters of water to produce 1 kilogram (2.2 pounds) of grain-fed beef, whereas only 500 liters of water is used to produce 1 kilogram of potatoes. Forgoing 1/2 kilogram (1 pound) of beef saves more water than not showering for at least 6 months.

A vegetarian diet reduces the risk of heart disease by 50% and cancers by 64%.

*The beef industry has contributed to more American deaths than all the wars of this century, all natural disasters, and all automobile accidents combined.*

~ Neal Barnard, MD  
Founding president of Physicians Committee for Responsible Medicine; Vegan Shining World Compassion Award Laureate

**Be Veg, Go Green 2 Save the Planet!**

*Vegetarian food leaves a deep impression on our nature. If the whole world adopts vegetarianism, it can change the destiny of humankind.*

~ Dr. Albert Einstein PhD  
1921 Nobel Prize Laureate for Physics; Vegetarian



## VEGGIE ELITE

Celebrate passionate individuals who are living life to the fullest and share one thing in common—the plant-based diet!

These magnificent role models represent all facets of society—including celebrities, artists, scientists, athletes, politicians and more—and courageously use their voices for the voiceless.



Rosanna Davison, Miss World 2003 (Vegan)

Oras Tynkkynen, Finnish Parliament Member (Vegan)

John Sälley, 4-time NBA champion (Vegan)

Barbara Laura Rodriguez Bonilla, Supermodel (Vegan)

Pamela Anderson, Actress (Vegan)

Dr. Neal Barnard, physician & author (Vegan)

*The reason I went veggie was because I literally looked at my dog and said, "Why don't I eat you? Why do I get you pretty beds to sleep on and put so much love into you, and then this other creature that has just as much desire to live, just as much funny personality, all the things that your dog can provide for you - why do I choose to let this animal be tortured?"*



~ Alicia Silverstone  
American actress (*Clueless*); Vegan "Veggie Elite"



# WORDS OF WISDOM

Absorb yourself in a broad range of enlightening topics, interviews and scriptures from major religions and spiritual groups around the globe. Teachings from the world's many spiritual traditions are presented, including Bishnoism, Buddhism, Cao Đài, Christianity, Confucianism, Essenes, Greek philosophy, Hinduism, Hòa Hảo Buddhism, Islam, Jainism, Judaism, Manichaeism, Mohism, Rosicrucianism, Shintoism, Sikhism, Sufism, Taoism, Theosophy, Tibetan Buddhism, Toltec beliefs, Universal White Brotherhood, Native Spirituality and Zoroastrianism.

This program also offers Supreme Master Ching Hai's precious spiritual wisdom shared during Her international lecture tours over the past 30 years addressing truth seekers on the meaning of life, inner peace and other meaningful themes.



Photo archive: Stockholm, Sweden (May 31, 1999)

*That's why it is called "Immediate Enlightenment."  
"Enlightened" means we can see light. The light in us is enlightened. Now, we can see Light of the Heavenly world, and we can hear Sound of the higher world.  
That is what is called enlightened. Through the process of sound connecting with the original sound of the universe which is the "Word" in the Bible.*

~ Supreme Master Ching Hai (Vegan)  
"Words of Wisdom"

*We all pray to Heaven for help.  
Why don't we just be the Heaven,  
A refuge for other beings:  
Protect the meek,  
Assist those in need.  
Be Veg, Go Green,  
Do Good Deeds  
Save our Home for the children's sake.*

~ Supreme Master Ching Hai (Vegan)



Live Videoconference  
Washington, DC, USA - November 8, 2009



Live Videoconference  
Jakarta, Indonesia - October 22, 2009



Live Videoconference  
West Hollywood, California, USA  
July 26, 2008

*Being vegan worldwide is the advancement of compassion that will uplift and unify all cultures, bringing tranquility to humans and animals alike. The inner peace that comes from replacing killing with respect for all life will spread like a wave across the globe, elevate human hearts, and create a harmonious Eden on Earth.*

~ Supreme Master Ching Hai (Vegan)  
"Words of Wisdom"

Live Videoconference  
"Humanity's Leap to the Golden Era"  
Washington, DC, USA - November 8, 2009



# Hi! You're watching Supreme Master Television!

All of us are watching the world's best television network on the planet, which is operated and hosted by Supreme Master Ching Hai. Mabuhay! Long life, good health! We can all do it together.

~ His Excellency Fidel V. Ramos  
12th President of the Philippines  
Shining World Leadership Award Laureate

## GOVERNMENT DIGNITARIES

- 1 H.E. Achim Steiner, United Nations Development Programme Administrator and 5th Environment Executive Director
- 2 H.E. Andrew Bartlett, Queensland Senator (1997-2008 & 2017-2018), Australia; Vegan
- 3 H.E. Antonio Villaraigosa, 41st Mayor of Los Angeles, USA
- 4 H.E. Apisai Telemia, 10th Prime Minister of Tuvalu
- 5 H.E. Dalia Grybauskaitė, President of Lithuania
- 6 H.E. Dennis Kucinich, US House of Representatives (1997-2013); Vegan
- 7 H.E. Edward McMillan-Scott, Member of European Parliament
- 8 H.E. European Parliament Vice President (2004-2014), UK; Vegetarian
- 9 H.E. Fidel Ramos, 12th President of the Philippines
- 10 H.E. Gloria Macapagal-Arroyo, 25th Speaker of the House of Representatives of the Philippines, 14th President of the Philippines
- 11 H.E. Inga Marte Thorkildsen, Minister of Children and Equality (2012-2013), Norway
- 12 H.E. Dr. Janez Drnovšek (1950-2008), 2nd President of Slovenia; Vegan
- 13 H.E. Jens Holm, former Swedish Member of European Parliament; Vegetarian
- 14 H.E. John Kerry, 68th US Senator
- 15 H.E. Lars Lokke Rasmussen, Prime Minister of Denmark
- 16 H.E. Laura Chinchilla Miranda, 46th President of Costa Rica
- 17 H.E. Maneka Gandhi, MP, Union Minister for Women and Child Development, India; Vegan
- 18 H.E. Marianne Thieme, Member of Dutch Parliament, Leader of Party for the Animals, The Netherlands; Vegan
- 19 H.E. Mary Robinson, 7th President of Ireland
- 20 H.E. Matti Vanhanen, 40th Prime Minister of Finland
- 21 H.E. Mohamed Nasheed, 4th President of Maldives
- 22 H.E. Tsakhiagiin Elbegdorj, 4th President of Mongolia

## SCIENTISTS & AUTHORS

- 23 Dr. Amit Goswami, theoretical physicist & author
- 24 Buzz Aldrin, astronaut & second man on the moon
- 25 Dr. Greg Engel, discoverer of quantum light harvesting in photosynthesis
- 26 Gregg Braden, *New York Times* bestselling author; Vegan
- 27 Dr. Hans Joachim Schellnhuber, Director of the Potsdam Institute for Climate Impact Research; Vegetarian
- 28 James Redfield, *New York Times* bestselling author (*The Celestine Prophecy*); Vegetarian
- 29 Dr. Jane Goodall, DBE, leading primatologist; Vegetarian
- 30 Dr. Jonathan Patz, United Nations IPCC member, Nobel Peace Prize Laureate
- 31 Dr. Leonard Susskind, discoverer of string theory
- 32 Dr. Mark Serreze, senior research scientist, US National Snow and Ice Data Center
- 33 Dr. Melanie Joy, social psychologist; Vegan
- 34 Dr. Michael Nobel of the Nobel family
- 35 Neale Donald Walsch, *New York Times* bestselling author (*Conversations with God*); Vegetarian
- 36 Dr. Rajendra Pachauri, UN IPCC chief (2002-2015) & Nobel Peace Prize Laureate; Vegetarian
- 37 Dr. Ted Scambos, lead scientist for US National Snow and Ice Data Center, Glaciologist
- 38 Dr. Terry Root, senior fellow at Woods Institute for the Environment, Nobel Peace Prize Laureate
- 39 Dr. Tim Lang, United Kingdom Sustainable Development Commission's Food Commissioner (2006-2011)
- 40 Dr. Robert Smith, mathematician & author; Vegan
- 41 Dr. Sam Harris, author, philosopher, and neuroscientist; Vegan
- 42 Dr. Brian Greene, physicists & author; Vegan
- 43 Dr. Mayim Bialik, scientist & author; Vegan
- 44 Dr. Neal Barnard, doctor, author, clinical researcher, and founding president of the Physicians Committee for Responsible Medicine; Vegan
- 45 Dr. Gidon Eshel, oceanography, climatology, and geophysics academic best known for his quantification of the "geophysical consequences of agriculture and diet"; Vegan



## ATHLETES

- Brendan Brazier, Ultramarathon champion; Vegan
- 13 Georges Laraque, NHL hockey player; Vegan
- James Donaldson, All-Star NBA player; Vegan
- John Salley, 4-time NBA basketball champion; Vegan
- 14 Patrick Rafter, former world #1 tennis champion; Vegan
- Willie Austin, world powerlifting champion; Vegan

## VEG & HEALTH ADVOCATES

- 15 Bob Linden, Go Vegan Radio host; Vegan
- 16 Dr. T. Colin Campbell, bestselling author (*The China Study*); Vegan
- David Wolfe, raw food health expert; Vegan
- Howard Lyman, author & former cattle farmer; Vegan
- Ingrid Newkirk, PETA founding president; Vegan
- 17 Kathy Freston, wellness expert & *New York Times* bestselling author (*Quantum Wellness*); Vegan
- Dr. Larry Dossey, MD, health educator & author
- Professor Peter Singer, philosopher & author (*Animal Liberation*); Vegan
- 18 Rory Freedman, *New York Times* bestselling author; Vegan
- 19 Dr. Will Tuttle, bestselling author, composer (*The World Peace Diet*); Vegan

## ENTERTAINERS

- 20 Al Jardine, Beach Boys founding member; Vegetarian
- Alec Baldwin, Academy Award-nominated actor; Vegan
- 21 Alicia Silverstone, actress (*Clueless*); Vegan
- 22 Benedict Cumberbatch, actor (*Doctor Strange, Avengers: Infinity War*); Vegan
- 23 Bob Barker, 19-time Emmy Award-winning TV host; Vegetarian
- 24 Calista Flockhart, actress (*Ally McBeal*); Vegan
- 25 Cameron Alborzian, first male supermodel & health therapist; Vegetarian
- Charlotte Ross, Emmy Award-nominated actress (*NYPD Blue*); Vegetarian
- 26 Daisy Ridley, actress (*Star Wars: The Force Awakens/Star Wars: The Last Jedi*); Vegan
- 27 Daryl Hannah, actress (*Splash, Roxanne*); Vegan
- David Benoit, 5-time Grammy Award-nominated composer; Vegan
- 28 David Boreanaz, actor (*Angel, Bones*); Vegetarian
- Debra Wilson, actress (*MADtv*); Vegetarian
- Ed Begley, Jr., Emmy Award-nominated actor; Vegan
- 29 Emily Deschanel, actress (*Bones, Cold Mountain*); Vegan
- 30 Eric Roberts, Academy Award-nominated actor; Vegan
- 31 Frances Fisher, actress (*Titanic*); Vegan
- Heather Mills, model; Vegan
- 32 James Cameron, Academy Award-winning director (*Avatar, Titanic*); Vegan
- 33 James Cromwell, Academy Award-nominated actor (*Babe, The Green Mile*); Vegan
- 34 Jane Velez-Mitchell, Emmy Award-winning CNN journalist; Vegan
- 35 Jessica Chastain, actress; Vegan
- Jorja Fox, actress (*CSI, The West Wing*); Vegetarian
- Lionel Friedberg, Emmy Award-winning documentary filmmaker; Vegetarian
- 36 Lisa Bloom, legal analyst (CNN, CBS); Vegan
- 37 Louie Psihoyos, Academy Award-winning documentary filmmaker & photographer (*The Cove*); Vegan
- 38 Maggie Q, actress (*Mission Impossible III*); Vegan
- Margie Evans, singer; Vegetarian
- Marilu Henner, Golden Globe Award-nominated actress (*Taxi*); Vegan
- 39 Melissa Etheridge, Grammy & Academy Award-winning singer-songwriter; Vegetarian
- Mimi Rogers, Emmy Award-nominated actress; Vegan
- 40 Moby, Grammy Award-nominated singer-songwriter; Vegan
- 41 Morgan Freeman, Academy Award-winning actor; Vegetarian
- 42 Nick Nolte, Academy Award-nominated actor; Vegetarian
- 43 Pamela Anderson, actress & model; Vegan
- 44 Sir Paul McCartney, The Beatles founding member; Vegetarian
- 45 Persia White, actress (*Girlfriends*); Vegan
- Rosanna Davison, Miss World 2003; Vegan
- Shaun Monson, film director & environmental rights activist (*Earthlings*); Vegan
- Traci Bingham, actress & model (*Baywatch*); Vegetarian
- 46 Wayne Brady, actor & TV host (*Whose Line Is It Anyway?*)
- 47 will.i.am, musician; Vegan

... and more!

Supreme Master Television! I like the sound of that! That's great. Hi, this is Jim Cameron, and you are watching Supreme Master Television.

~ James Cameron  
"Titanic" & "Avatar" Academy Award-winning director (Vegan)

Thank you for being a source of knowledge for those who want to go green, for those who are being vegetarians, even vegans, and thank you for the Supreme Master. Namaste.

~ John Salley  
4-time NBA champion (US National Basketball Association)  
Shining World Hero Award Laureate; Vegan



# Viewer's Heartline

We welcome your heartlines and stories.  
Please send them via [SupremeMasterTV.com/heartline](http://SupremeMasterTV.com/heartline)

## Notable Tributes

*"Your programming's message of worldwide love, peace, and harmony, expressed through humanitarian efforts, environmentalism, philanthropy, and art has given millions of people hope and spiritual direction."*

~ The Honorable Pat Quinn Jr.  
41st Governor, State of Illinois, USA

*"I would like to congratulate Supreme Master Television on putting together such a great initiative and making a worldwide phenomenon, because it's a positive medium which is using the media to get very positive thoughts."*

~ Patrick Rafter  
Former world #1 Australian tennis champion

## Viewer Tributes

*"Supreme Master Ching Hai's message has suddenly reached me. In fact, I'm deeply moved to tears and awe. For years, I'd been in commercial large-scale poultry-keeping. Here, I've realized the mistakes and deep in me, I'm repentant; and wholeheartedly, I've decided to immediately quit poultry-keeping and all sorts of animal cruelties and be vegan. Warmest regards to Supreme Master Ching Hai for this urgent universal message of SALVATION. Thanks a lot!"*

~ Kamal  
Viewer from Benghazi, Libya

*"Your wonderful broadcast has given me a better insight into the meaning of the word 'love.' Now I'm sending messages to all my friends on being vegan. Thanks."*

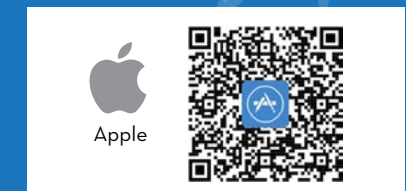
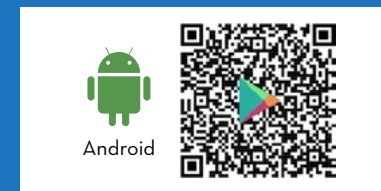
~ Kayode  
Viewer from Nigeria

## CONTENT DISTRIBUTION PLATFORMS

Supreme Master Television can be viewed online at [www.SupremeMasterTV.com](http://www.SupremeMasterTV.com).

Watch the livestream or previously aired shows!

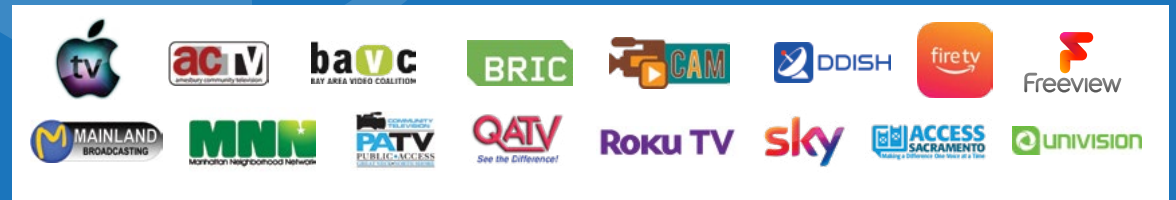
**On the go?** The Supreme Master TV Android and iOS apps bring positive and constructive programming to your smartphone.



## Watch or Follow us on these Social Networks.



You can also find us through the following media:



... and more coming!



! كونوا نباتيين ، تحولوا بيئين لكي تنقذوا الكوكب ! • Ān Chay, Sóng Xanh Đê Cúu Đja Cầu! • Бъди Веган, Живей Зелено, за да Спасим Планетата! • 吃素, 環保 來救地球 ! • Budi veg, kreni zeleno da spasiš planet! • Bud'te vegáni, žite ekologicky, aby sme zachránili planétu! • Wees Veggie, Word Groen om de Planeet te Redden! • Ole vegaan ja roheline, et päästa planeeti! • Nyi lamadula lebe na nutowome né mia de hihea • Soyez Végé, Devenez Écolo pour Sauver la Planète! • Leb vegan, sei umweltbewusst, um den Planeten zu retten! • !הארץ, היו טיבעונויים, היו ירוקים כדי להציל את כדור הארץ! • शाकाहारी बन हरित हो जायें ग्रह को बचाने के लिए। • Légy Vega, Élj Zölden, hogy Megmentsd a Bolygót! • Jadilah Vegan, Bertindaklah Hijau untuk Menyelamatkan Bumi! • Diventiamo vegani e proteggiamo la natura per salvare il pianeta! • ベジになって エコを实践 地球を救うために ! • گياھخوار باشيد،

채식인이 되어  
환경을 보호하고  
지구를 구합시다 ! •

Jadilah Vegan,  
Pelihara Alam utk  
Selamatkan Planet  
Kita! •

Гарагаа аврахын  
тулд байгалаа  
хамгаалж, цагаан  
хоолтон болъё! •

पृथ्वी बचाउनको लागि  
शाकाहारी बनौं, हरियाली बनाऔं !

Fiți vege, Alegeți verde Ca să salvați planeta! • Будьте веганами, станьте «зелеными», чтобы спасти планету! • නිර්මාණ වන්න, පරිසර හිතකාමී වන්න පෘථිවිය සුරැකීම සඳහා!

• Bodi Vegi, živi Zeleno in s tem reši planet! • ¡Sé Vegano, Sé Ecológico Para Salvar el Planeta! • Ät veg, lev grönt - rädda planeten! • Maging Makagulay Magluntian Upang Iligtas ang Planeta • சைவமாக இருப்போம், பசுமை பேணுவோம் பூமியை காப்பதற்கு! • ជឿជាក់, រីករស់សឹងស្រស់ស្រាយ ដើម្បីសង្គ្រោះពិភពលោក! •

Gezegeni Kurtarmak için Vejetaryen Ol, Yeşil Ol! •  
• سبزی خور ہو جاو مسز زندگی اپناو زمین کو بچانے کے لیے!  
Idla Imifino, Iba Luhlaza Ukulondoloza uMhlaba!

حامي محیط زیست شوید  
تا سیاره را نجات دهیم!

Bądź wege,  
bądź eko,  
by ocalić  
planetę! •  
Seja Veg,  
Vire Verde Para  
Salvar o Planeta!  
• शाकाहारी बनें,  
हरिआवल करे, संजमी बनें  
गृहि नुं बचाउते लती ! •



**Be Veg Go Green  
2 Save Our World**

**Be Veg Go Green  
2 Save Our Children**

**Be Veg Go Green  
2 Save the Planet**

